



2525 Arapahoe Ave. Suite A4
Boulder, CO 80302
(303) 442-3062 Fax: (303) 442-0031

“FRA” Order Form

Your Name _____

Half Full

- Ham & Swiss
Honey Whole Wheat Bread, mayo, Dijon mustard, black forest ham, swiss, red onion, tomato, salt & pepper & green leaf lettuce.
- Roast Beef
Honey Whole Wheat Bread, mayo, Dijon mustard, roast beef, cheddar, red onion, tomato, cucumber, salt & pepper & green leaf lettuce.
- Tuna Salad
Oregon Herb Bread, tuna salad, Dijon mustard, provolone, tomato, salt & pepper, & green leaf lettuce
- Crazy Chick
 Honey Whole Wheat Bread, chico chicken salad, tomato provolone, red onion, salt & pepper, & green leaf lettuce.
- Turkey Avocado
Asiago Sourdough Bread, mayo, avocado, turkey, provolone, tomato, red onion, salt & pepper, & green leaf lettuce.
- 3 Seed Hummus Honey Whole Wheat Bread, 3 Seed Hummus, tomato, cucumber, shredded carrots, sprouts, red onion, & green leaf lettuce.

Cookie Option

- Oatmeal Chocolate Chip
 Oatmeal raisin
 Original Oatmeal

Chip Optional

- Sea Salt
 Bbq
 Sea Salt & Vinegar
 Jalepeno Cheddar